

Southminster

Residential Home



Delivering Personalised Care



WINNER

FaNs Essex Care Home of the Year

2019

THE HOME

Southminster Residential Home is an imposing country house of architectural importance. It is a grade II listed building with attractive gardens. The award winning home is registered for 40 elderly and dementia residents, male or female, over sixty-five years of age. We have a choice of 24 singles, and 8 double rooms. This includes an 11 bed extension comprising all en-suite rooms. We have three lounges and various other facilities for the care of the residents.

Top Care Homes Ltd. purchased the home in February 2005. The directors have got many years of experience in the care industry and manage other homes in Essex. They are at the home daily to oversee all aspects of the home.

A team of dedicated staff provides care 24 hours a day that ensures the service users live in comfort and safety. The home's manager who is a Registered Nurse Level 2 and the deputy, have between them many years experience

in care of the elderly with a good depth of knowledge. They are committed, extremely well motivated and continually strive to improve the services provided.



"I would recommend Southminster to anyone looking for a friendly home-from-home"

ACTIVITIES

Two activities coordinators are employed to provide suitable activities for our service users. These include board games, card games, bingo, visiting library, exercise to music and music relaxation. The coordinators are also available to spend recreational time with individual residents.

A general activities plan is devised monthly to accommodate both choice and needs. This includes in-house entertainment as well as twice monthly outside entertainment. We also have a mobile shop that goes round twice weekly which promotes independence and choice.



ADDITIONAL SERVICES

Additional services can be provided on request which include hairdressing, chiropody, nail care and complimentary therapies such as reflexology and massage. Papers and periodicals are provided by the home and ordered on special request from residents.

Qualified professionals who liaise with our staff to ensure the service users safety and well being at all times, provide these services.

RESIDENTS CHARTER

1. Dignity, beliefs, choices of life style in all circumstances to be respected by staff
2. Kindness
3. Privacy
4. Confidentiality in all matters, personal and medical, and protection of interest, social and legal
5. Freedom of movement and activity, subject only to safety
6. Freedom of choice, so far as practicable
7. A homely and safe environment
8. Feel and be treated as a valued member of the small community of the home
9. Have visitors whenever wanted
10. Associate with others and build up relationships outside of the establishment
11. Have spiritual, emotional and physical needs met and respected
12. A high standard of care to be given, to be given details of their medical condition(s) on request; to have a named key worker and choice of GP and dentist if possible
13. Be consulted on all aspects of living within the establishment relating to their care, and have the right to say no
14. Go to bed at the chosen time and have a lie in and breakfast in bed if desired
15. Have free access to the manager and inspectorate easily and have complaints taken seriously and dealt with promptly and fully

***"A big thank you to all the staff
for caring for Mum so well"***



CARE

The range of needs that Southminster Residential Home meets are compliant with those required by the Care Act and are based on the Core Values of Care.

Privacy	Respect	Fulfilment
Security	Dignity	Equality
Choice	Independence	Rights

The needs and values are respected in matters of religion, culture, race or ethnic origin, sexuality and sexual orientation, political affiliation, marital status. We respect the service user's right to practice in their religion. We will accommodate this by arranging visits from ministers or their representatives wherever practicable.



DEMENTIA

We at Southminster Residential Home realize through training how Dementia will often affect a person's ability to remember, learn, think and reason, hence cause a gradual loss of social skills.

We are aware there are many types of Dementia and not all result in permanent disability.

We hope at Southminster to be able to support the service users and their families through what can only be described as a dramatic stage in their lives. Usually prior to admission the service user would have been allocated a community psychiatric nurse who will advise and support sufferers.

Accepting that someone has dementia can prove very difficult this is where Southminster staff will support both the service user and their families. Developing a care plan that maintains a good daily routine, which will promote independence and a safe as possible environment, will do this.

As dementia affects physical coordination Activities will be adapted so encouraging working with their strengths not their weaknesses e.g. taking advantage of their good long-term memory old photo albums or music hopefully bringing back happier times to mind. We will also endeavour to give plenty of tender loving kindness which is what they need most of all.

All staff have completed their Dementia training and gained the knowledge to give the above care to these Service Users .

"The care given is high quality and the ethos of the provider is one of inclusion and communication"



VISITING

Visitors are encouraged and welcome to the home at all times. A Visitor's Book is provided in the hall to comply with Health & Safety legislation. We operate an open visiting system but respect the right of the service user to refuse a visitor. Service Users are at liberty to receive or make outside telephone calls. Help will be given if required. Assistance is given with letter writing or reading as appropriate should the service user have that need.



ADMISSION

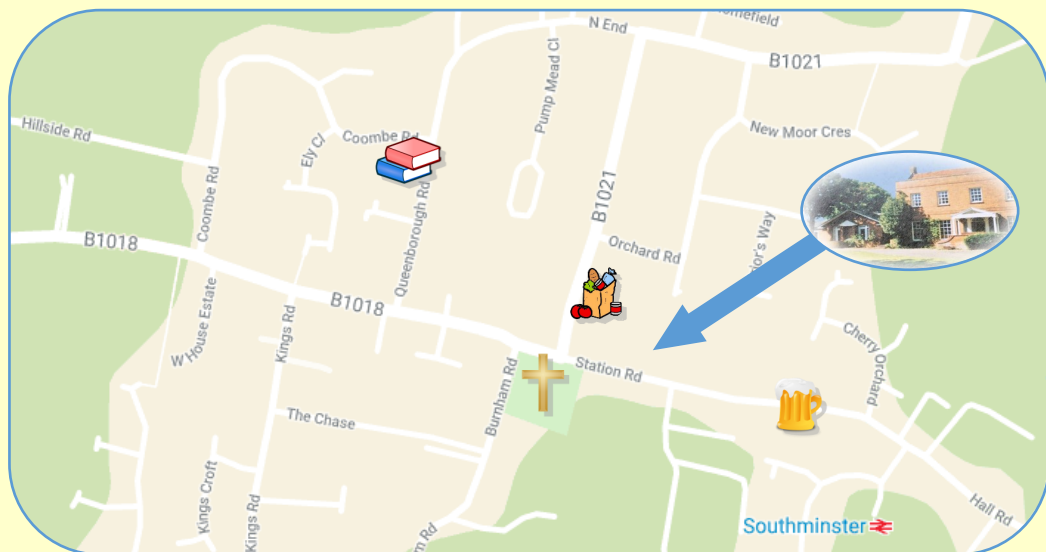
The decision to move into a residential home is a major event in the older person's life. For some, it will be a positive choice yet for others it will not be. Therefore helping with sensitive arrangements and settling into the home is very important.

Residents are always assessed by the manager or deputy manager prior to admission to ensure we can meet their needs. Family and friends are always invited to visit the home prior to admission.

We also always encourage residents and families to personalise their bedrooms, making them a home from home.

We aim to ensure that those at risk are protected and can lead an independent and fulfilling life through the care within Southminster Residential Home both from our own staff and the outside agencies e.g. District Nurses, Local Doctors, Chiropodist, Hairdresser etc.

CONTACT US



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